

Aurora's Commitment to Superior Quality of Care

OUR INPATIENT SERVICES

We offer specialized inpatient programs for acute mental health and chemical dependency stabilization and rehabilitation. These programs include: child psychiatry, adolescent psychiatry and chemical dependency, adult psychiatry and chemical dependency, and older adult psychiatry and chemical dependency. In addition to voluntary hospitalization, we are a designated facility for involuntary hospitalization (5150) for patients who meet the necessary criteria.

MENTAL HEALTH

We provide voluntary and involuntary psychiatric inpatient treatment for children, adolescents, adults, and older adults.

CHEMICAL DEPENDENCY

We offer inpatient detoxification for adolescents, adults and older adults. Additional rehab services are available for adults and older adults.

OUR SERVICES

*Aurora provides a host of services to our patients
and the community*

- 24/7 Telephone Crisis Line & Community Referral Network
- 24/7 FREE Psychiatric and Chemical Dependency Assessment/Evaluation
- Voluntary and involuntary patient admissions
- High quality programs in a structured therapeutic environment
- Adjunctive Therapy (art therapy, activities therapy, music therapy, and pet therapy)
- Day and evening outpatient programs
- Aftercare programs and groups for patients and their families
- Community education and professional lecture series
- Medicare, MediCal and TriCare certified
- Contracted with most health insurance plans
- Accredited by the Joint Commission on Accreditation of Healthcare Organizations



OUR OUTPATIENT PROGRAMS

Our day treatment programs offer clients an alternative to inpatient care, but a step up from weekly therapy.

PARTIAL HOSPITALIZATION PROGRAMS (PHP)

Our PHP's meet 5 days a week for 6 hours a day, with individual programs for children, adolescents, and adults.

CHEMICAL DEPENDENCY INTENSIVE OUTPATIENT PROGRAMS (CDIOP)

To help ensure continued sobriety we offer daytime and evening CDIOP's for adults, and an after-school CDIOP for adolescents. All programs meet 3 hours per day, 3 days per week.

INTENSIVE OUTPATIENT PROGRAMS (IOP)

We have multiple IOP options for our adults and older adults in the community. Depending on the individual patients' needs, they may attend program 3-5 days a week, for 3-4 hours per day in morning or afternoon tracks.

Our Facility

Aurora Behavioral Health Care/San Diego is an 80-bed, private behavioral healthcare delivery system located in the Carmel Mountain Ranch area of Rancho Bernardo in the northern portion of San Diego County. The facility provides both inpatient and outpatient programs designed to stabilize patients with acute mental illness, chemical dependency issues, and manage patients with dual diagnosis.



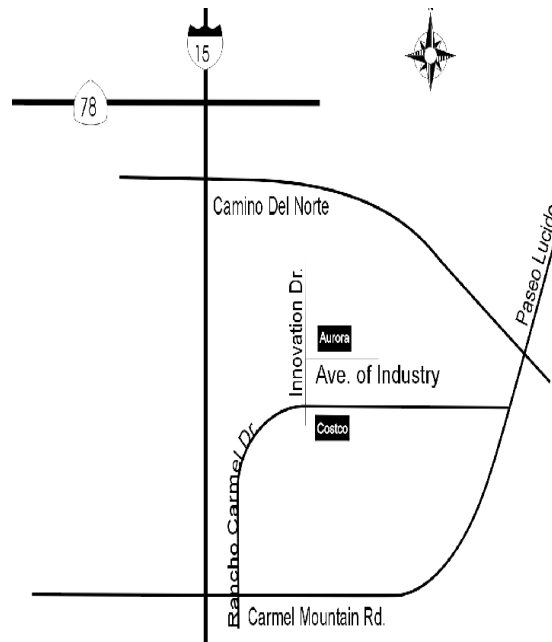
DIRECTIONS

From the North:

Interstate 15 south, exit Camino del Norte (left).
Turn right onto Rancho Carmel and right onto
Innovation Drive.

From the South:

Interstate 15 North, exit Carmel Mountain Road
(right). Left at 1st signal onto
Rancho Carmel Road. Left onto Innovation Drive.



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*Guide to
Mental Health &
Chemical
Dependency
Services*

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